

**HEALTHY  
MOMS.  
STRONG  
BABIES.**



# **MATERNAL MENTAL HEALTH: IT'S NOT JUST POSTPARTUM. IT'S NOT JUST DEPRESSION.**

*An educational offering on mental health disorders that affect women during pregnancy and the first year postpartum and resources to support them.*

## **Learning Outcome:**

Participants will be knowledgeable about maternal mental health issues including knowing how to discuss and screen for these conditions and how to connect women with resources for recovery.

## **Learning Objectives:**

Participants will be able to

- Describe the impact of maternal mental health disorders on mother, baby, and family.
- Identify risk factors, signs, and symptoms for maternal mental health conditions.
- Develop strategies for increased screening in the perinatal period.
- Identify culturally appropriate resources for women experiencing MMH conditions.
- Identify resources for women experiencing maternal mental health disorders



### **Adrienne Griffen, MPP, Executive Director of The Maternal Mental Health Leadership Alliance**

Adrienne is an advocate and subject-matter expert in maternal mental health. Prior to joining MMHLA, Adrienne founded Postpartum Support Virginia and served as executive director for 10 years, establishing a statewide network of peer-led support groups, creating educational programs for mental health providers and maternal-child healthcare professionals, and helping pass legislation requiring information about postpartum depression and anxiety be provided to new mothers. Adrienne graduated from the United States Naval Academy and has a master's in Public Policy from Harvard's Kennedy School of Government.

**Adrienne will be presenting live and will be available to answer your questions.**

***MONDAY, DECEMBER 5TH, 2022***

***11:30 AM – 1:00 PM (CST)/12:30 PM – 2:00 PM (EST)***

***PLEASE REGISTER AT THIS LINK IN ADVANCE TO RECEIVE LOGIN INFORMATION FOR THE LIVE SESSION ON ZOOM:***

**<https://marchofdimes.zoom.us/meeting/register/tJAocu-prjMqH9ErzpFk2sb8OF1beAqyYCtE>**

Accredited by



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION



Presented by



Sponsored By



**1.5 CME/CNE/Social Work will be provided to you, free of charge, upon the completion of an evaluation of this activity.**

*Accreditation Statement: In support of improving patient care, this activity has been planned and implemented by Amedco LLC and March of Dimes. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Amedco LLC designates this live activity for a maximum of 1.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Amedco LLC designates this activity for a maximum of 1.50 ANCC contact hours. As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive 1.5 GENERAL continuing education credits.*