



## Earn up to 28 CME credits!

TMA Member Pricing based on double occupancy:

Ocean View Balcony prices starting at \$1498 plus taxes and gratuities per person Event Registration of \$695 for Physicians and \$200 for Guests
\*Pricing valid through 9/15/23. \$995 for non-members\*

Reserve your cabin NOW at VIPSatSea.com or call (865) 531-2766, ext. 2200



## Itinerary:

- Day 1 Depart from Cape Canaveral, Florida
- Day 2 Perfect Day Cococay, Bahamas
- Day 3 At Sea
- Day 4 Charlotte Amalie, St. Thomas
- Day 5 Philipsburg, St. Maarten
- Day 6 At Sea
- Day 7 At Sea
- Day 8 Arrive back in Cape Canaveral, Florida











David Geier, MD



Mukta Panda, MD.

In his inspiring keynote speech and webinars, Dr. Geier explains why burnout is so detrimental to physicians and healthcare providers. While sharing changes that must be made at an institutional and national level to curb the burnout problem, he shares key steps every individual can take to overcome burnout, reconnect with why they work in healthcare, and be at their best for their patients.

Tennessee's own, award-winning physician speaker. Dr. Panda serves as the Assistant Dean for Well-Being and Medical Student Education, as well as, a Professor of Medicine at The University of Tennessee College of Medicine in Chattanooga. In addition to authoring "Resilient Threads", Dr. Panda is a nationally recognized speaker helping physicians navigate and optimizing work/life balance.

## Featuring some of today's most prominent speakers on physician well-being

## DARINKA MILEUSNIC-POLCHAN, MD



EDWARD CAPPARELLI, MD



As the Chief Medical Examiner for Knox and many of the surrounding counties, Dr. Mileusnic-Polcan has taken an active role in prescribing practices, as well as, been an active member of the Knox County Drug

Task Force. She will be presenting a 2-hour prescribing practices course which meets the BME licensure maintenance criteria.



Achieving work-life balance entails managing both profesional and personal stressors such as aging parents, losing a patient or just aging gracefully. Dr. Greg Phelps, who specializes in palliative and end-of-life

care, will address how to manage these life stressors while maintaining balance with your career.



TMA President for 2022-2023, Dr. Edward Capparelli has brought physician well-being and the ramifications of burnout to the forefront in Tennessee. His efforts to reduce physician burnout

continues to support physicians and help strengthen the medical profession.

The CME session schedule will allow for ample leisure time and will not conflict with ports of call.

Join your colleagues from around the state for a fun-filled week in the Caribbean, building and strengthening relationships.

Covenant Health is accredited by the Medical Association of Georgia to provide continuing medical education for physicians.

Covenant Health designates this live activity for a maximum of 28 AMA PRA Category 1 Credit<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.